



# Toolbox Safety Talks

## Carbon Monoxide Poisoning

- 1) What are the hazards involved with carbon monoxide?
  - a. Severe poisoning causes neurological damage
  - b. Illness
  - c. Coma
  - d. Death
  
- 2) What hazards should you be aware of?
  - a. Symptoms
    - i. Headaches
    - ii. Dizziness and drowsiness
    - iii. Nausea and loss of consciousness
    - iv. If any of these symptoms occur, especially when working indoors, shut down the equipment, evacuate the building, and call 911
  - b. Carbon Monoxide Sources
    - i. Portable generators and generators in buildings that don't have adequate ventilation
    - ii. Compressors
    - iii. Space Heaters
    - iv. Diesel, gasoline, and LP powered Equipment
  
- 3) What safe practices should be used to prevent exposure?
  - a. Never use diesel, gasoline, or LP powered equipment indoors; if possible, use tools that are powered by electricity
  - b. Be sure to open windows
  - c. Make sure a generator has 3-4 feet of clear space on all sides and above it
  - d. Ensure all equipment that is used indoors is in good working order
  - e. If you experience symptoms of CO poisoning get to fresh air immediately and get medical attention
  
- 4) Can identify the sources of carbon monoxide on our site?
- 5) Has anyone ever experienced carbon monoxide poisoning?
- 6) Do we have adequate exhaust for our indoor sources of carbon monoxide?
- 7) Are there any other safety issues that you would like to talk about?



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Date Presented: \_\_\_\_\_

Presented By: \_\_\_\_\_

### Attendance Sheet




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