Rockwood Casualty Insurance Company (Rockwood) may provide safety management services to its insureds in order to reduce the risk of loss that may lead to insurance claims. The information and advice we provide is not intended to include all possible safety measures and controls. Rockwood does not warrant that losses and claims will be avoided or mitigated if our recommendations are followed. The safety management services we provide do not relieve the insured of its own duties and obligations with regard to safety matters, nor does Rockwood guarantee to the insured or others that the insured’s property and/or operations are safe, healthful, or in compliance with applicable laws, regulations or standards. The insured remains responsible for its own operations, safety practices and procedures and should consult with legal counsel and safety professionals, of its own choosing, as it deems appropriate.

Safety Tip # 313

05-13-10

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Tick Borne Diseases Precautionary Measures

Ticks carry Lyme disease and several other diseases. Lessen your chances of being bitten:

- Wear long pants and long sleeved shirt. Tuck in your shirt. Tuck your pants into socks or boots, or use tape to close the opening where they meet.
- Wear a hat and tie back long hair.
- Use an EPA approved insect repellant that is affective for ticks. Before using, read product instructions.
- Wear light colored clothing so that a tick can be seen more easily.
- Change clothes when returning from an area where ticks may be located.
- Check clothing and body area on a frequent basis for deck.
- Wash clothing daily and place in a dryer for at least 30 minutes.
- Avoid and/or remove brushy, overgrown grassy and wood habitats, particularly during spring and early summer.

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