



SNOW REMOVAL SAFETY

SNOW SHOVELING SAFETY:

- Pace yourself and don't work to the point of exhaustion. Shoveling can raise your heart rate and blood pressure dramatically. Take frequent breaks.
- If possible, push snow in front of you. If you have to lift it, pick up small amounts and lift with your legs bent, not your back. Do not toss snow over your shoulder or to the side.

SNOW BLOWER SAFETY:

- Make sure you understand your owner's manual safety procedures thoroughly.
- Be sure you have good visibility or light.
- Keep the area clear of other workers.
- Clear the area of all obstacles that can clog the chute.
- Never put your hand in the snow blower to remove snow or debris. Turn it off and wait a few seconds, then use a stick or broom handle.
- Dress properly for the job. Wear boots that give you good footing on slippery surfaces and avoid loose fitting clothes that can get caught.
- Do not attempt to clear steep slopes.



Rockwood Casualty Insurance Company (Rockwood) may provide safety management services to its insureds in order to reduce the risk of loss that may lead to insurance claims. The information and advice we provide is not intended to include all possible safety measures and controls. Rockwood does not warrant that losses and claims will be avoided or mitigated if our recommendations are followed. The safety management services we provide do not relieve the insured of its own duties and obligations with regard to safety matters, nor does Rockwood guarantee to the insured or others that the insured's property and/or operations are safe, healthful, or in compliance with applicable laws, regulations or standards. The insured remains responsible for its own operations, safety practices and procedures and should consult with legal counsel and safety professionals, of its own choosing, as it deems appropriate.



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