



# Toolbox Safety Talks

## Substance Abuse

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- 1)** What are the hazards involved with substance abuse?
  - a. Substance abuse on the job is an immediate hazard to the user and to co-workers
  - b. Certain drugs can cause drowsiness, affect thinking ability, and impair motor skills and reaction time
  - c. Substance abuse can lead to loss of job, family, friends, or even life
  
- 2)** What signs of substance abuse should you be aware of?
  - a. Changes in behavior and/or work performance
  - b. Increased absences, depression or anxiety
  - c. Changes in personal appearance
  - d. Any evidence of current substance abuse such as slurred speech and frequent stumbling
  
- 3)** What safe practices should be used when dealing with substance abuse at your site?
  - a. Ensure employees are aware of the company's policies and procedures regarding substance abuse
  - b. Educate employees about substance abuse and its effects
  - c. Offer training that will help employees recognize the symptoms of substance abuse
  - d. Offer advanced training to supervisors
  - e. Establish an employee assistance program
  - f. Promote a zero tolerance policy
  - g. Screen all new employees
  - h. Implement random testing of all employees
  - i. Enforce mandatory testing for all employees involved in accidents
  
- 4)** Who here knows someone on drugs? How does it negatively affect them and their work?
  
- 5)** Are we doing a good job in preventing substance abuse at our work site?
  
- 6)** Is there a way to improve our substance abuse program?
  
- 7)** Does anyone know someone who has been seriously injured due to substance abuse?
  
- 8)** Are there any other safety issues that you would like to talk about?



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**Make Time for Safety, Everyday!** – Yes, production is important, *but the focus must be on Safe Production!* Keep that in the back of your mind. Don't take risky chances and stay out of harm's way. Nobody goes to work thinking *'I'm going to get hurt or killed on the job, today!'* But every day 15,000-17,000 workers suffer disabling injuries on the job and another 11-17 are killed. ***What are you doing to make sure it doesn't happen on your shift?***

***Keep stoking the fire; we can't let the 'Safety Train' run out of steam!***

**Date Presented:** \_\_\_\_\_

**Presented By:** \_\_\_\_\_

### Attendance Sheet
