



Toolbox Safety Talks

Carbon Monoxide Poisoning

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- 1) What are the hazards involved with carbon monoxide?
 - a. Severe poisoning causes neurological damage
 - b. Illness
 - c. Coma
 - d. Death

- 2) What hazards should you be aware of?
 - a. Symptoms
 - i. Headaches
 - ii. Dizziness and drowsiness
 - iii. Nausea and loss of consciousness
 - iv. If any of these symptoms occur, especially when working indoors, shut down the equipment, evacuate the building, and call 911
 - b. Carbon Monoxide Sources
 - i. Portable generators and generators in buildings that don't have adequate ventilation
 - ii. Compressors
 - iii. Space Heaters
 - iv. Diesel, gasoline, and LP powered Equipment

- 3) What safe practices should be used to prevent exposure?
 - a. Never use diesel, gasoline, or LP powered equipment indoors; if possible, use tools that are powered by electricity
 - b. Be sure to open windows
 - c. Make sure a generator has 3-4 feet of clear space on all sides and above it
 - d. Ensure all equipment that is used indoors is in good working order
 - e. If you experience symptoms of CO poisoning get to fresh air immediately and get medical attention

- 4) Can identify the sources of carbon monoxide on our site?
- 5) Has anyone ever experienced carbon monoxide poisoning?
- 6) Do we have adequate exhaust for our indoor sources of carbon monoxide?
- 7) Are there any other safety issues that you would like to talk about?



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Make Time for Safety, Everyday! – Yes, production is important, *but the focus must be on Safe Production!* Keep that in the back of your mind. Don't take risky chances and stay out of harm's way. Nobody goes to work thinking *'I'm going to get hurt or killed on the job, today!'* But every day 15,000-17,000 workers suffer disabling injuries on the job and another 11-17 are killed. ***What are you doing to make sure it doesn't happen on your shift?***

Keep stoking the fire; we can't let the 'Safety Train' run out of steam!

Date Presented: _____

Presented By: _____

Attendance Sheet
