



# Toolbox Safety Talks

## Working at Height

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- 1) What are the hazards involved with working at height?
  - a. Falling from height
  
- 2) What hazards should you be aware of before working at height?
  - a. Unprotected platforms
  - b. Long, high, or missing steps
  - c. Work that may involve stretching or reaching
  - d. Is fall protection required
  - e. Is there an appropriate tie off point
  - f. Be aware of your surroundings, especially your footing
  - g. Tripping hazards
  
- 3) What safe practices should be used when working at height
  - a. Before the job begins, make a point of identifying all fall hazards that may be encountered during the job
  - b. Perform daily walkthroughs to identify any new fall hazards
  - c. Eliminate the fall hazard by modifying equipment or changing the task
  - d. If applicable, perform all work from a guarded platform
  - e. Maintain three-point contact when climbing
  - f. When a safety harness is needed, make sure to have an adequate tie-off point
  - g. Don't rush the job
  - h. Inspect your safety harness prior to each use
  - i. Immediately replace guarding, grates, and rails after use
  - j. Set up temporary barricades until the job is completed
  
- 4) Is there any equipment or areas at our site that do not have guarded platforms? Can we guard them?
- 5) Where do we keep our safety harnesses?
- 6) Can someone demonstrate how to inspect and put on a harness?
- 7) Is there anywhere that we work that could be modified to limit the amount of time we need to spend up there?
- 8) In areas where fall protection is required, are there good places to tie off?



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**Make Time for Safety, Everyday!** – Yes, production is important, *but the focus must be on Safe Production!* Keep that in the back of your mind. Don't take risky chances and stay out of harm's way. Nobody goes to work thinking 'I'm going to get hurt or killed on the job today!' But every day 15,000-17,000 workers suffer disabling injuries on the job and another 11-17 are killed. ***What are you doing to make sure it doesn't happen on your shift?***

***Keep stoking the fire; we can't let the 'Safety Train' run out of steam!***

**Date Presented:** \_\_\_\_\_

**Presented By:** \_\_\_\_\_

### Attendance Sheet
