



Toolbox Safety Talks

Hearing Protection

31

- 1) What are the hazards associated with not wearing hearing protection?
 - a. Hearing loss
- 2) What noise hazards should you look for?
 - a. Noisy work areas
 - b. Loud equipment
 - c. Explosive sounds
- 3) What safe practices should be used when dealing with noise hazards?
 - a. Use noise monitoring to determine where hearing protection will be required
 - b. Use noise monitoring equipment to monitor any new equipment or processes to determine if hearing protection will be required
 - c. Signs should be posted in areas where hearing protection is required
 - d. Wear hearing protection before entering noise hazard areas
 - e. Use the roll, pull, hold technique to insert soft ear plugs

“Rule of thumb – If you have to raise your voice to be heard, or a coworker has to raise his/her voice in order for you to hear them, you should be wearing hearing protection”

- 4) Are there any processes at our facility that can be changed or eliminated to reduce noise exposure
- 5) How many times should you wear the soft ear plugs? (once)
- 6) Why? (To avoid getting dirt and germs inside the ear canal)
- 7) What is the roll, pull, hold technique?
- 8) Can someone demonstrate this technique?
- 9) Are there any areas in our facility where hearing protection should be required and it is not?
- 10) Where are our ear plugs kept?



Rockwood Casualty Insurance Company (Rockwood) may provide safety management services to its insureds in order to reduce the risk of loss that may lead to insurance claims. The information and advice we provide is not intended to include all possible safety measures and controls. Rockwood does not warrant that losses and claims will be avoided or mitigated if our recommendations are followed. The safety management services we provide do not relieve the insured of its own duties and obligations with regard to safety matters, nor does Rockwood guarantee to the insured or others that the insured's property and/or operations are safe, healthful, or in compliance with applicable laws, regulations or standards. The insured remains responsible for its own operations, safety practices and procedures and should consult with legal counsel and safety professionals, of its own choosing, as it deems appropriate.



Toolbox Safety Talks

Hearing Protection

31

Make Time for Safety, Everyday! – Yes, production is important, *but the focus must be on Safe Production!* Keep that in the back of your mind. Don't take risky chances and stay out of harm's way. Nobody goes to work thinking *'I'm going to get hurt or killed on the job, today!'* But every day 15,000-17,000 workers suffer disabling injuries on the job and another 11-17 are killed. ***What are you doing to make sure it doesn't happen on your shift?***

Keep stoking the fire; we can't let the 'Safety Train' run out of steam!

Date Presented: _____

Presented By: _____

Attendance Sheet
