



# Toolbox Safety Talks

## Ladders

- 1)** What are the hazards/injuries involved with ladders?
  - a. Falls resulting in serious injuries and possibly death
  
- 2)** What hazards should be recognized?
  - a. Condition
  - b. Rating
  - c. Setup angle
  - d. Tie-off's
  - e. Footing
  
- 3)** What safe practices should be used when working on ladders?
  - a. Ladders must extend sufficiently beyond working platforms
  - b. Ladders must not be painted (this hides defects), should be stored correctly, and be subject to regular inspection
  - c. Only industrial class ladders should be used
  - d. Ladders must be suitable angled (1 foot out for every 4 feet up) and suitably secured
  - e. Never take serviceability for granted, always carry out a visual check prior to use
  - f. Never perform home made repairs on a ladder, and never use a ladder with existing home made repairs, and never use a home made ladder
  - g. Always stand ladders on a firm base
  - h. Never use rungs as a support for planks, or rest rungs on planks
  - i. Remove excessive mud, grease, etc., from footwear prior to climbing/descending a ladder
  - j. Always use the "Three Points of Contact" rule when climbing or descending
  - k. Do not carry loads up ladders – use hoists or alternatives
  - l. Never over reach from ladders – get down and move them
  - m. Beware of overhead obstructions, especially overhead power lines
  
- 4)** What is our procedure for taking a broken ladder out of service?
- 5)** What is the condition of our ladders? Do any need replaced or repaired?
- 6)** Can someone demonstrate the "Three points of Contact Rule"?
- 7)** Has anyone had an incident or near miss while using a ladder?



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**Make Time for Safety, Everyday!** – Yes, production is important, *but the focus must be on Safe Production!* Keep that in the back of your mind. Don't take risky chances and stay out of harm's way. Nobody goes to work thinking 'I'm going to get hurt or killed on the job, today!' But every day 15,000-17,000 workers suffer disabling injuries on the job and another 11-17 are killed. *What are you doing to make sure it doesn't happen on your shift?*

***Keep stoking the fire; we can't let the 'Safety Train' run out of steam!***

**Date Presented:** \_\_\_\_\_

**Presented By:** \_\_\_\_\_

### Attendance Sheet
