Ladder Safety
Climbing Practices

- Always check if ladder is securely in place.
- Always face the ladder and maintain three-points of contact when climbing and working on ladder.
- Always ensure all fly sections are properly locked in place.
- Never climb above the fourth rung from the top of an extension ladder or the second rung from the top of a step ladder.
- Never over reach to the sides of a ladder further than your belt buckle area.
- Never climb a ladder with mud, grease, oil, ice/snow or other slip hazards.

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