1) What are the hazards involved with not maintaining three points of contact when climbing?
   a. Falls resulting in injuries, possibly death

2) What hazards should you look for prior to climbing?
   a. Damage to ladders
   b. Damage to foot and hand holds
   c. Traction on boots
   d. Objects at ground level
   e. Oil or grease

3) What safe practices should be used when climbing?
   a. Always maintain three points of contact
   b. Inspect ladders, steps, hand rails and grab bars each time that you use them
   c. Inspect track pads for loose or missing pads
   d. Always face the equipment when you are mounting or dismounting
   e. Ensure a good grip and solid footing before releasing your grip or taking the next step
   f. Never jump off equipment
   g. Use pull ropes for your lunch pail and small parts
   h. Never jump from one piece of equipment to another

4) Which of our pieces of equipment has steps, ladders, or hand holds in need of repair?

5) Has anyone here ever used a pull rope? Why? Why not?

6) Is there a way to improve safety awareness here at our job?

7) Has anyone had an accident or near-miss while climbing?

8) Can someone demonstrate and explain the three point of contact rule?

9) Why should we be concerned with what is on the ground below our machines?
Toolbox Safety Talks
Three Points of Contact
(equipment operators)

Make Time for Safety, Everyday! – Yes, production is important, but the focus must be on Safe Production! Keep that in the back of your mind. Don’t take risky chances and stay out of harm’s way. Nobody goes to work thinking ‘I’m going to get hurt or killed on the job today!’ But every day 15,000-17,000 workers suffer disabling injuries on the job and another 11-17 are killed. What are you doing to make sure it doesn’t happen on your shift?

Keep stoking the fire; we can’t let the ‘Safety Train’ run out of steam!

Date Presented: ___________________ Presented By: ___________________

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